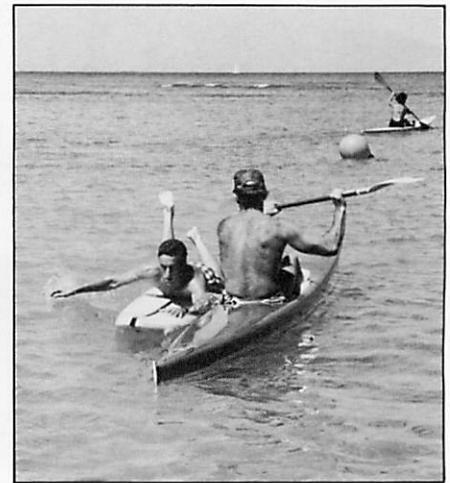


# Club Day '86 a Real Winner



Participants in the Run-Bike and Ocean Triathlon gathered at the beginning of their event.



Photos by Di Guild

Peter Balding tags Tim Guard in the Ocean Triathlon.

Club Day 1986 was one of the best in the Club's history as nearly 100 members turned out to run, swim, bike, paddle, spike, kayak, watch the Kentucky Derby, eat, drink, dance and be merry.

May 3rd started with 22 members appearing at 7 a.m. for the first annual Run-Bike event. The names of all competitors were put in a hat and teams were drawn. It was up to the pair to decide who would run around Kapiolani Park and who would bike to the Arco station in Kahala and back.

Thirty-one minutes and forty-three seconds later, after Kimo Austin had run the lap around the park, and Steve Timpson had sprinted on his bike to the finish line at the Kalakaua Avenue fountain in front of the Elks Club, the pair was declared the winner. Andrea Lehman and Dale Hope were second, and Diane Stowell and Kent Davenport finished third.

The action then moved to the beach for the Ocean Triathlon. It consisted of a 700-yard swim out past the windsock and back, a paddleboard race along the same course and finished with a 1,400-yard kayak race (two times out and back).

Again, the teams were drawn from a hat, and had to decide who would do each event. The team of Kisi Haine (swimmer), Karl Heyer IV (paddleboard) and Mary Franco (kayak) won the event in :27:53. Right behind them were Diane Stowell, Roger Cundall and Mike Town in :27:19.

After the Kentucky Derby and some

refreshments, the afternoon activity began.

First up was the volleyball game in which eight teams participated. Winning the volleyball game was the team of Kisi Haine, Karl Heyer IV, Janice McPheeters, Michael Scott, Shandy Danford and Grant Senner.

Then it was back to the ocean for the canoe race. Frogman Brant Ackerman added a little excitement to the race when he managed to flip the finalists in the event while they were waiting for the start of the race. After bailing out the canoes, the race got underway and the winners were Peter Balding Jr., Susan Baron, CeeCee Sheehan, Randy Shibuya, Jeanne Jenkins and Roger

Cundall.

Since the second place finishers in the volleyball game and canoe race were the winners of the other event, a swim off was held to determine the champion. Each team member had to swim out to the windsock and then back. The final overall champion was Kisi Haine's team which won the swimoff.

If that wasn't enough, attention was then turned to the sand for the popular flag race, the final event of the day. Sand flew in all directions as competitors vied for the flag in the elimination contest. The winners were Ryan Haneberg in the Boys 10 and under event; Ian Moore in the Boys 10-16; Mike Sheehan in the Men 16-35; John Finney in the Men over 40; and Michele St. John in the women's category.

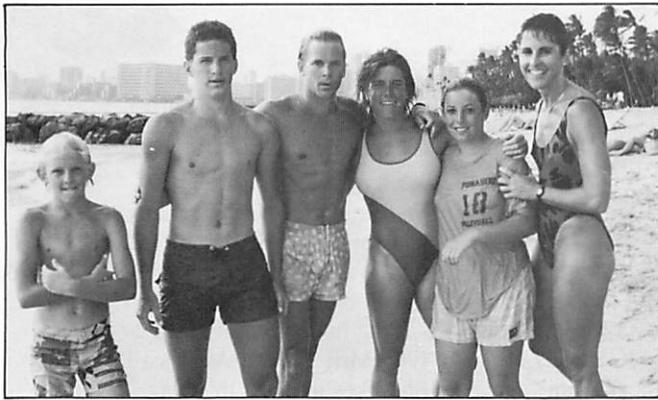
After the athletic events, the action turned to the Terrace for a Steak Fry, entertainment and dancing.

"I think that all those who participated enjoyed themselves," said Paula Carbone, Club Captain. "I'd particularly like to thank the Board members who participated—Mark Buck, Dale Hope, Kimo Austin and Kent Giles.

"I'd also like to thank all the athletic committee chairpersons who did such a good job in organizing the events—Diane Stowell, Robin Smith, Roger Cundall, Darcy Ames, Tiare Finney, Karl Heyer IV, Peter Balding, George McPheeters, and Mike Buck who emceed."



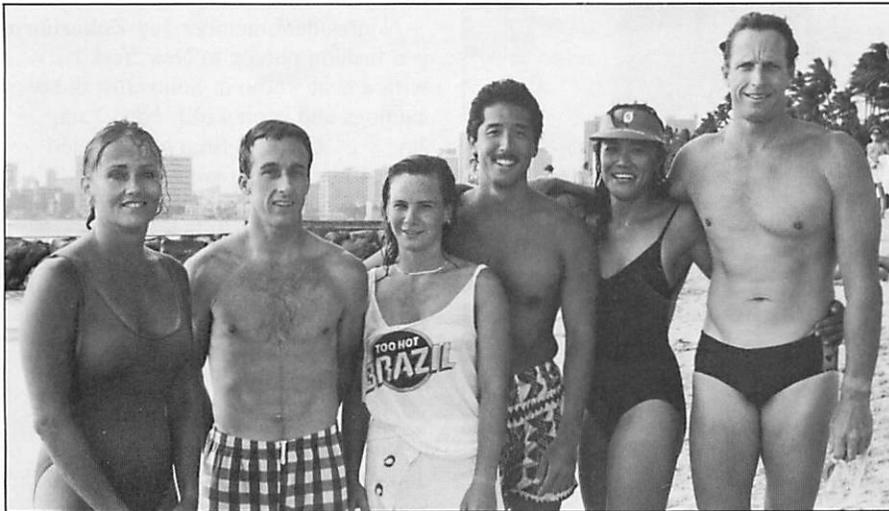
Dale Hope, coordinating director for athletics, and Paula Carbone, Club Captain, planned a successful Club Day.



Volleyball champs and winners of the swim-off were Michael Scott, Grant Senner, Karl Heyer IV, Kisi Haine, Shandy Danford and Janice McPheeters.



Ian Moore, Mike Sheehan, Michele St. John and John Finney won the flag races.



Winners of the canoe race were Susan Baron, Peter Balding Jr., CeeCee Sheehan, Randy Shibuya, Jeanne Jenkins and Roger Cundall.



A Steak Fry on the Terrace rounded out the day's events.



Swimmers in the ocean triathlon hit the water.



Andrea Lehman and Dale Hope finished second in the Run-Bike.



The Men's over-45 flag contest drew fierce competition.

## Club Day Results

### Run-Bike

1. Kimo Austin-Steve Timpson	:31:43
2. Andrea Lehman-Dale Hope	:33:24
3. Diane Stowell-Kent Davenport	:33:49
4. Paula Carbone-Roger Cundall	:34:23
5. Michele St. John-Loch Eggers	:36:45
6. Bill Breeden-Ann Cundall	:36:46
7. Peggy Danford-Dave Cheever	:38:29
8. Ruby Ifversen-Jill Cheever	:38:55
9. Robby Mist-Grant Senner	:39:29
10. Jim Anderson-Norm Dunmire	:41:37
11. Gerri DeBenedetti-Bill Danford	:41:51

### Ocean Triathlon

(Swim 700 Yards, Paddle 700 Yards, Kayak 1400 Yards)

1. Kisi Haine-Karl Heyer IV-Mary Franco	:27:53
2. Diane Stowell-Roger Cundall-Mike Town	:28:19
3. Jimmy Dean-Tiare Finney-Norm Dunmire	:28:30
4. Bill Danford-Kimo Austin-Loch Eggers	:29:05
5. Paula Carbone-Peter Balding Jr.-Tim Guard	:30:37
6. Grant Senner-Joe Dubiel-Pii Schneider-Jeanne Jenkins	:34:53
7. Andrea Lehman-Walter Guild-Sandra Haine	:37:25
8. Peggy Danford-Robin Smith-Shandy Danford	:37:42