

Distance Swim Events Scheduled

By Gerry DeBenedetti

Two distance swim events will occur the first weekend in September for serious swimmers.

The Maui Channel, again under the direction of our OCC member, Ian Emberson, will be Saturday, September 3. The course is Lanai to Lahaina, but bring your friends. This is a team event, with each swimmer taking a portion of the nine miles between Lanai and Maui until the team finishes. Believe it or not, it can be done in about three hours, with very good friends, and good conditions.

For details, see Ian as soon as possible. It is an international event, with teams coming from Canada, Australia and also the mainland. The mainland teams look upon it as a warm up for the big swim which follows, the Waikiki Roughwater Swim, held on Labor Day, September 5.

The Roughwater, the best known of our Honolulu distance events, attracts around 1,300 entrants, and is held right in front of the Club. The start is at the

Kaimana at 9 a.m. and the finish is 2 1/2 miles later at the Hilton Hawaiian Village. Awards will be given out for both swims at Fort DeRussy immediately after the Roughwater.

The Roughwater will have four heats, so read your application blank carefully for the correct starting time. All age groups are welcome. High school swimmers usually turn out in force, and together with the mainland competition, it can be a very fast event.

There are usually 35 OCC swimmers in this event, and the Club assists with transportation and refreshments at the finish line. Applications are available at the Front Desk. Be sure you sign up if you want a ride back to the Club and if you need gear taken to the finish, see Gerry DeBenedetti or leave a note in the application folder.

Two new features this year. Orange and yellow caps will be given to all swimmers to assist support and safety personnel with spotting strays. This should be a colorful spectacle.

Preparation is offered in the form of swim clinics held at the Kaimana. The last one available is August 28 at 8 a.m. There will be four Roughwater swim coaches providing instructions and answering questions. Contact either Pam Zak, Ian Emberson or Gerry DeBenedetti if you want more information. They will be happy to share things they've learned in their years of participating in these events. 🏊

Swimming Schedule

August 7	The Bay to Lani's Ocean Swim
August 21	Waimea Triangle Swim
September 5	Waikiki Roughwater Swim
September 25	Waikiki Waterman Aquathon
November 6	Waikiki 3 Mile Swim
November 19	Turkey 2K Swim
November 27	Castle Swim
December 18	Looong Distance Swim 🏊
