

OCC Surfing News

By Terri Needels

OCC Surfers Successful

The OCC surfing team finished the competition season successfully, with all members qualifying for the State Championships of the Hawaiian Amateur Surf Association. Keola Keahiolalo, Johann Hedemann, Joshua Plecharty, Amy Lawson and Geodee Clark accumulated enough points over the 10-event season to earn invitations to the states.

Johann Hedemann, in his first season competing in HASA, was ranked fourth overall in the menhune division at the end of the season. Keola Keahiolalo finished the season with a ranking of third overall in both the Mens 2A and Open Mens Divisions. Johann Hedemann, Amy Lawson and Geodee Clark also qualified for the U.S. National Surfing Championships, to be held in California over the summer. Congratulations on a fantastic season!

Where in the World is Keegan Edwards?

OCC's own Keegan Edwards, who turned professional, is now surfing the Longboard World Circuit. His schedule includes competitions that circle the globe. Keegan is competing in Brazil, Portugal, France, Spain, Huntington Beach, California, and back home at Kuhio Beach. He has somehow managed to register for the local Hawaiian Longboard Federation Steinlager Series as well, so watch for him ripping anywhere a long board contest is being held. Good Luck Keegan!

Summer Surf Sessions

The Surfing Committee is sponsoring a series of Learn to Surf Clinics over the summer. The free, two-hour Saturday clinics are designed to introduce novice surfers to the sport. Kisi Haine, head coach for the clinics, rotates groups of participants through a series of stations where they learn 1) the parts of a board and how to paddle; 2) how to catch a wave and stand up; 3) how to maneuver through

breaking waves; and 4) safety measures.

After the beach and flat-water practice, the groups head out to Tongg's surf break near the Club to apply their new skills. A large group of 25 enthusiastic surfers turned out for the first clinic. Over two-thirds of the participants were adults. Many thanks to the volunteer coaches: Kisi Haine, Terri Needels, Laurie Lawson, Chris Moore, Joe Dubiel, Wendy Wichman, and Liz Perry.

Surf Camp Scheduled August 4-8

The ever-popular OCC/Hans Hedemann Surf Camp is being offered again this summer. The camp is scheduled August 4-8, Monday through Friday from 9 a.m. to 11:30 a.m.

OCC member Hans Hedemann, a former professional world surfing champion, brings his team of trained instructors to our Club to teach beginning and intermediate surfing skills. He provides surfboards, beach and water instruction.

Members and guest members from age 10 and older are welcome, including adults. Sign up at the Front Desk as space and boards are limited. The cost will be charged to the member's account.

"Heart of the Sea" Movie

The Surfing and Entertainment committees are joining together to sponsor a viewing of the well-known movie about Rell Sunn's life on October 4. The movie will be shown on a large screen in the OCC sand area. A Steak Fry dinner will be offered as well.

"Heart of the Sea" is a portrait of Rell Sunn, who died January 1998 of breast cancer at the age of 47. Known worldwide as a pioneer of women's surfing, at home and in Hawaii, Rell achieved the stature of an icon not only for her physical power, grace and luminous beauty, but also for her leadership in a community that loved her as much as she loved it.

"Heart of the Sea" traces Rell's remarkable personal and public life, interweaving her last inter-

view in 1997 two months before her death with breathtaking surfing footage, archival news footage, home videos, and interviews with those in the community whose lives were changed by the way Rell chose to live hers.

"Although the cancer metastasized and was declared terminal during her 15-year battle with the disease, Rell never let her cancer keep her from her love of surfing. Heart of the Sea is a poignant testimony to one woman's radiant spirit that lives on in Makaha, throughout the islands, and in all who were touched by the life of Rell Sunn." (PBS)

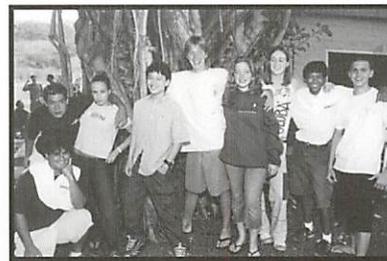
Register at the Front Desk to watch *The Heart of the Sea* and enjoy a Steak Fry on the beach.



Carissa Moore (top), Jenna Frowein and Kayla Moore competed in the 2003 Ripcurl Girl Surfing Contest.



Johann Hedemann



UPCOMING CAMP DATE

August 10-16

Sign up online

www.winnerscamp.com
success@winnerscamp.com

808 306-8008

WINNERS'
CAMP
LEADERSHIP
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Personal Performance:

- ropes & challenge events
- lateral thinking activities
- problem-solving games
- goal achievement strategies
- self-affirmation experiences
- initiative adventures
- positive self-confidence builders

Academic Activities:

- creative writing strategies
- personal time management
- proactive language
- mind-mapping
- learning to learn
- discovering how the brain works
- spelling and memorization strategies

Social Skills:

- clear communication
- peer relationships
- conflict resolution
- parent/teen relationships
- teamwork & group alignment
- values clarification
- respect, responsibility, restraint, resourcefulness and resilience