

# Athletic Activities



*Yama Chillingworth hands off to Gil Hicks.  
Photo: Ron Haworth*

## RUNNING

by Jerry Ober

A new thing for Outrigger members, cross country road running, and a new kind of physical destruction.

A few days before the race which was held on Sunday, November 9th, I received a call from race coordinator **Billy Brooks**, asking if I would lend a hand with the cross country race. I said fine what time shall I be at the Club. The answer, 3 a.m.! Who would you expect to see at the Outrigger at 3 a.m. on a Sunday morning? As I rounded the corner, there to my surprise were quite a few of the regulars in the Club sporting scene. **Cline Mann** with flash light and clip board ready to apply his interests to road running, **Dr. Bob Smith** with complete medical bag, the entire **Hemmings** family with kids of all ages, **Freddy** storming around ready to conquer a new field, **Yama Chillingworth**, **John Zeaszeas**, **Mike McMahon**, **Billy Head**, **Gil Hicks** all six members of our team of runners, their coach **Stan Hattie** and two of our well known bike riders, **Doug Straehley** and **Cole McFarland**, our well known sports writer **Ron Haworth**, another misplaced canoe helper **Kimo Austin**, assorted wives and lovers and your writer. All in the club at 3 a.m.!

The race was something else, a new form of agony. As **Freddy Hemmings** put it after a two and a quarter mile jaunt at full speed "Molokai was easy, I'm going back to Hawaiian water sports."

The event started by the Zoo entrance at Kapiolani Park and proceeded down Kahala Ave. thru Hawaii Kai, past Sea Life Park, thru Waimanalo (with doors locked and windows up) up the Pali Highway over the top and down Bishop

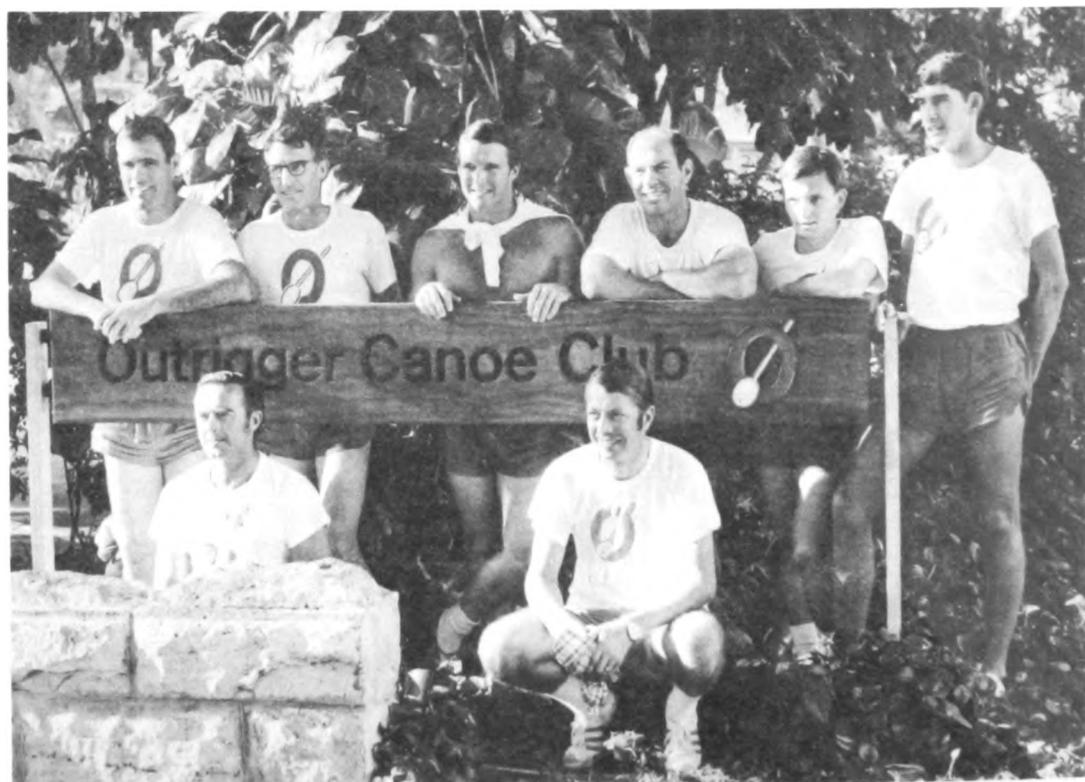
Street to the power plant and past Ala Moana center up Kalakaua to finish at the zoo entrance.

The race started with **Mike McMahon** running for Outrigger. The race was set up by **Stan Hattie**, a former Olympic runner, and each man had to run at least two and a half miles at any one time and had to run at least one sixth of the race. Stan had carefully gone over the course and marked his exact check points for each change. The event started off like a parade, one cop came by, I am sure with the thought that he had a riot on his hands. At first all the contestants were bunched together but that didn't last too long. Mike ran as far as the **Amelia Earhart** plaque on Diamond Head Road where he was spelled by **Billy Head** who ran out to the Waiialae Golf Course to be followed by **Gil Hicks** who ran to a point not far from Aina Haina where **John Zeaszeas** took over for the push past Hawaii Kai, then hill climber **Mike McMahon** took over for the run to Blow Hole, there to pass over to power **Freddy** who did just that and passed two competitors one from the Marines and another from Kailua High School. Fred ran the Sandy Beach straight and handed off to **Yama Chillingworth** for the haul up past Makapuu light then past Sea Life Park to the Shriners Club Park where **Gil Hicks**' turn came around again for the Waimanalo stretch, Gil carried a billy club for the **Sherwood Forest** gang but fortunately they weren't out. **Billy Head** took over for the long hard haul up the newly aligned road to Castle Hospital. Power **Freddy**

got the stretch from the hospital to the intersection of Kalaniana'ole Highway and Kamehameha Highway and went up in good style. **Mike McMahon** seemed to fall heir to all the steep mountain sides and he "volunteered" for the Pali climb which almost did him in but a valiant effort he made it into the welcome arms of **Dr. Bob Smith**. **Yama Chillingworth** put his long legs to the down hill Pali run joined by **Gil Hicks** and **John Zeaszeas** who ran down to the new AMFAC building. At this point we were vying for third place with the Kailua school boys. We had established a firm lead over the Marine Corps. The other three running clubs, Mid Pacific Road Runners, Castle High School, Windward Athletic Club were way ahead having their own battle for first place.

Meanwhile, **Billy Head** took over and ran to the Ala Moana Center where anchor man **Fred Hemmings** took over for the finish. Fred ran right down the middle of the Ala Moana past the Ilikai in an effort that looked more like a parade than a road race. Through Waikiki at full speed drawing incredulous looks from people coming out of church, Fred made it to the finish in a fine burst to give Outrigger a firm fourth out of a field of six competing clubs. The elapsed time: 3:56.51 for 38 miles. The winning club was the sponsor, Mid Pacific Road Runners.

Coach **Stan Hattie** was very pleased with the outcome of the race, and speaking for the spectators, I can say it was well worth the long hours, wouldn't have missed it.



*L-R top: Mike McMahon, Gil Hicks, Fred Hemmings, Jr., Bill Head, John Zeaszeas, Yama Chillingworth. Bottom: Bill Brooks, Stan Hattie.  
Photo: Ron Haworth*