

OCC Marathon Team starts training for '75

The OCC will compete in the 3rd Annual Rim of the Pacific Marathon scheduled for December, 1975. Training begins this month for a team that will be representative of OCC membership, including boys and girls along with men and women runners.

Team Captain Bill Brooks is coordinating an overall training program to include talks on different phases of the sport—nutritional, physical, historical—as well as individual running and training programs. There will be special exotic Sunday morning trial runs in different parts of Oahu followed by breakfast at a jogger's table on the Hau Terrace. Credit toward 1,000-mile plaques will be given for training mileages to all members of the marathon team.

Training is aimed at competing in Hawaii's marathon, but the main objective is for every Outrigger runner to finish the long-distance race. Twenty-one runners have signed up to date. Those interested in joining the team are invited to add their names to the roster at the front desk of the Club. For additional details see or call Bill Brooks. Tel.: 734-8306.