

Runners off and running; many activities planned

by Bill Brooks

Running is fast becoming one of our Club's major sports. Here's a preview of what's ahead for the run-for-fun-and-health group:

Olympic Club Running Championships

Outrigger runners are gearing up to participate in the 12th annual Olympic Club National Running Tournament during the month of October. This year's team will be larger and more seasoned than any contingent heretofore fielded by the Club.

It was in 1972 that the OCC first entered a team and in that year won the championship, averaging 104 miles per runner and breaking the existing record by 20 miles per man. In 1973 our team averaged 150 miles per runner but was edged out by an Olympic Club team that posted 150.5 miles per man. Last year saw a revenge-hungry Outrigger team bury the competition by setting a new record of 215.7 miles per runner.

Runners' Picnic, Sunday, Oct. 5

There will be a Runners' Picnic on Sunday, October 5th, which will be open to all Club members who would like to participate.

The six-mile course will start high above Haleiwa in the Koolau Mountain Range and follow a course along Drum Drive, ending up at Pupukea where beer and lunch will be served to all runners and their guests.

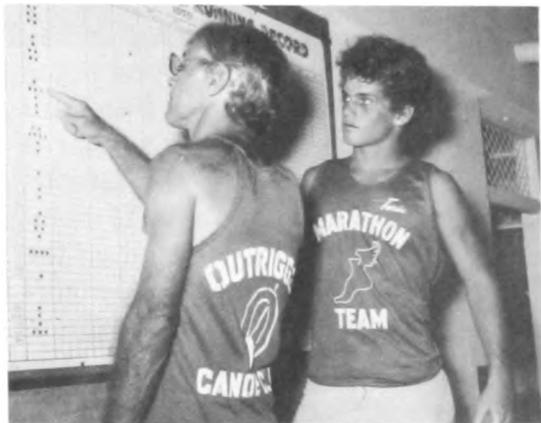
The writer, who has covered the course, found the air cool and the scenery fantastic. Even walkers are welcome to participate, though there is no guarantee of how much beer will be left if they take too long.

Sign-up sheets are posted on all major bulletin boards in the Club. A charge of three dollars (\$3) per head will be levied on participants and their guests.

Around the World with our Runners

Outrigger members who record their running mileages on the locker room charts are said to have covered well over 100,000 miles during the last five years. That, of course, constitutes running more than four times around the earth at the Equator.

We have 64 runners who are presently keeping a record of their mileages, besides an undetermined number who keep no records. It is estimated by the Running Committee that the grand total would be nearing 150,000 miles if all our runners were participating in record-keeping. The Chairman of the Running Committee has the job of entering recorded mileages on the chart.



Mort Mandell (l) and Clay Newhart at mileage chart.
Photo Scoop

Attention: All users of Club locker rooms . . .

Sand in the drains is contributing to recent, severe problems with clogged sewer lines.

PLEASE WASH THE SAND OFF YOUR FEET when you come in from the beach, BEFORE going to the locker rooms.

Your kokua is urgently requested.

Second Annual Revival of the Castle Swim

Attention OCC Swimmers! Set aside Sunday, November 30th, at 9:30 A.M. for the Castle Swim. The 1st annual revival of the Castle Swim was in December, 1973. This year the enthusiastic Swim Committee, composed of Gerry Senner, Cline Mann, and Fred Hemmings, has planned a great event.

The race course is from the old Club site on Waikiki Beach to the new Club on Outrigger Beach. Transportation will be provided to the start in front of the Royal Hawaiian Hotel, and canoe escorts will accompany the Outrigger swimmers to the Club.

The race is open to Outrigger members only. Entrants may sign up now at the front desk. Further details will appear in the November OUTRIGGER. SAVE the date November 30th for trophies, awards, and glory.