

Running - Marathon Committee Goals

William Kilcoyne, Chairman

Running continues to gain popularity among OCC members. A running chart is posted in the men's and women's locker rooms. Please log your running miles as promptly as possible.

This year we have combined the Running and Marathon Committees into one group.

During the year we will have several guest speakers to discuss the benefits that running provides.

For the more dedicated runners we suggest the Honolulu Marathon Clinic. It meets every Sunday at 8:00 A.M., providing the best supervision and training for those wanting to run and Marathon in December. **NOW** is the time to start your training program.

Aloha and good running.