

# Volleyball Camp

Attention, future volleyball champs!

Dave Shoji and Dean Nowack are launching the first annual Rainbow Wahine Volleyball Camp for boys and girls 12 to 18 years of age (boys: no high school seniors). Purpose of the camp is to provide a better understanding of the fundamentals of volleyball as well as team concepts geared toward six-person competition. Skills to be covered include passing, setting, blocking, spiking, serving, individual defense, team defense and team offense.

Each camper will receive a T-shirt, certificate of achievement, fundamentals manual, technique improvement chart, and will participate in a mini-tournament at the end of camp. Camp runs from August 11 to 15 from 9 a.m. to 4 p.m. at the UH Athletic Complex gymnasiums.

In addition to Shoji, UH Volleyball coach, and Nowack, Outrigger volleyball coach, instructors will include current and former UH Wahines and other collegiate stars. The cost is \$75 and future campers should call 948-7347 to reserve space.