

Outrigger 10s Finish PAL Volleyball Season

By Terri Needels

The OCC 10-year-old girls have recently completed their season competing in the Police Activities League (PAL). The 15 girls began practicing in March and played weekly matches from May through July at the Pauoa Booth Park Gym.

Coaches Kisi Haine, Terri Needels and Janice Harrer were thrilled to have the opportunity to work with one of the first young girl's volleyball teams to come out of the Outrigger in many years.

The Police Activities League emphasizes skill development and modifies the rules and net height to encourage young players to participate. The OCC team played three games per week using rally scoring to 25 points.

They were allowed to serve underhand from any location behind the 10-foot line, and each team could serve only three points in a row before the serving would switch to the other team. The referees were fairly generous and rarely called throws, double hits, or mix-ups in rotations.

The team won the overwhelming majority of their matches even though they were attempting to execute the more difficult plays (bump-set-hit vs. bump it over).

As is typical with OCC members, the games were exceptionally well attended with OCC families lining the courts to watch their girls compete. About half of the girls had never played previously and the other half had competed on PALs team together.

The coaches noted that the girls showed much improvement in their skills to the point that they were consistently making their serves, receiving the ball, and had some excellent bump-set-spike plays in their latter games.

Next year the team will participate in the 11 & 12-year-old division and may field two teams. When deemed ready, the team will participate in the USVBA League.

The team wishes to thank the Club for their sponsorship and the families for their interest, support and encouragement. Special thanks also go out to team parents Janet Hobson and Dawn Whiting for their assistance.



Members of the Girls 10 Volleyball team were, front: Kahala Schneider, Piper Whalen, Jenna Frowein, Hailey Wade, Rachael Kincaid, Katie Hetherington. Back: Coach Terri Needels, Dallas Jenkins, Abby Yosaitis, Mikela Schwinn, Hally Hobson, Hannah Harrer, LillyBelle Deer, Katie Farden, Coach Kisi Haine. Not pictured: Coach Janice Harrer, Julia Ruggieri and Allie Whiting.