

SWIMMING CHAMPION TELLS OF OLD DAYS

Swimmers of Today Have Better Equipment to Help Them. Meets Used To Be Held In Harbor

By WILBUR CRAW

"THE swimmers of today are far better equipped for swimming than the old timers," were the words of Duke Kahanamoku yesterday in an informal chat under the famous hau trees in front of the Outrigger Canoe Club.

Upon being asked why, Duke said: "Twenty years ago we used to swim in the harbor, there being no natatorium or Elizabeth Waterhouse Memorial swimming tank in those days.

The distances were often inaccurate and not properly marked, so often if good times were made the judges would have to remeasure the lengths or check the floats. Lanes? We never heard of them. We got up on our marks and looked at the finish trying to pick a point toward which we could swim. Of course, we got tangled up and many times swam crooked. Some of the fellows used to end up by finishing at the start.

"I very seldom got twisted in my course. Perhaps it was because of the way I used to swim. You see, when I swam my head was out of the water most of the time, I had not learned to breathe through my mouth and so I had to keep my head above water. With my head out of the water I could look about, checking the other fellows and my course. Of all the lanes I liked, my favorite was the middle; there I could keep a check on the other swimmers.

"Coaching was not as scientific as it is today. Today, the study of the strokes is more exact and careful. An example of this is the introduction of the new Japanese stroke. The Japanese studied their needs and met them by developing a stroke that suited their stature. A faster stroke with a quicker recovery was found to give better results. Now their strides in swimming surprises everyone. Dieting is much better. In the old days, many of the swimmers did not know what to eat, and no matter how hard they trained they were not at the peak of condition. Training was not as strict as it is today; swimming rowing and surfing were mixed together. When we got through rowing we swam and in between times we surfed. Today, there are many swimmers who never have been on a surfboard.

"Nowadays the swimmer has everything he can wish to aid him in developing a perfect stroke; mirrors in which he can watch himself and correct his errors; carefully worked out training rules to follow; a training table where he gets the best of food and specially built locker rooms that are heated and well ventilated.

"One thing we had a lot of in the old days was enthusiasm and we had plenty of it. The bands used to come down to the piers and play, quartets sang and after the races there were dances and good times. Prince Kuhio was a fine swimming fan and used to attend all the races. Dad Center and I had several races against each other and let me tell you they were close ones. He swam for the Myrtles and I swam for the Healanis. I remember when we swam against the Yale University and beat them indoor and out door. 'Dad' remembers that, too; you ask him about it some time."

Big Crowd Sees 8th FA Fite Smoker

Fourteen Bouts Are Held; Card Exceptionally Good

Enjoying a large turnout, the second interbattery smoker of the 8th Field Artillery was run off in fine style last night. The smoker started at 6:30 with 14 bouts listed, including everything from feathers to heavies. The bouts were exceptionally good for this early in the season.

LIGHTWEIGHT

Stroz, 2nd Bn. Hq. Btry, won from Ratowski, Battery E. TKO 3rd round.

WELTERWEIGHT

Warnke, Battery D, won on foul from Gaspar, Battery B. 3rd round.

LIGHT HEAVYWEIGHT

Bredlove, Battery B, won from Segecky, Battery D. Decision.

MIDDLEWEIGHT

Gagnon, Battery C, won on KO from Erdman, Service Battery. 1st round.

LIGHTWEIGHT

Czmaricki, Battery F, won from Calahan, Service Battery. Via KO rout 1st round.

Roberto, Battery C, won from Blanchard, Battery E. Decision.

Anderson, Battery F, won on a forfeit from Holt, Hdqs. Battery.

MIDDLEWEIGHT

Miller, Battery F, won from Maves, Battery C. KO 2nd round.

LIGHTWEIGHT

Simmerman, Service Battery, won from Garvey Hqrs. Battery. Decision.

JUNIOR WELTERWEIGHT

Hagerty, Battery B, won from Rogacki, Battery D. Decision.

LIGHT HEAVYWEIGHT

Simco, Battery A, won from Kono-picki, Battery B. Decision.

FEATHERWEIGHT

Kennedy, Battery E, won from Mas-lane, Battery D. Decision.

Donzila, Battery F, won from Burk, Battery A. Decision.

The officials of the smoker were: Judges—Captain Thomas V. C. McCormick, Lt. Ben. P. Heiser, Lt. John O. Taylor. Timer—Sgt. Manning.

Lou Fonseca Is Suspended